

Flow Patient Profiles



About This Document

This document provides a series of patient profiles designed to help clinicians better understand the potential applications of our product. Each profile illustrates real-world scenarios where our technology has been successfully utilised, showcasing the types of patients who may benefit most from our offerings.

What's Inside

- **Detailed Patient Profiles:** Realistic examples based on actual clinical use cases, highlighting key indicators, symptoms, and conditions where our product has proven effective.
- **Guidance on Usage:** Insights into how and when to consider our product for your patients, with tailored recommendations for different clinical scenarios.

Important Note on Data Privacy

While these profiles are inspired by real patients, all personal information has been removed or anonymized to protect patient privacy. The cases are representative of typical scenarios and are intended to guide clinical decision-making without compromising confidentiality.

Patient examples



Max - 21 years old

Experienced side effects from antidepressants



Susan - 65 years old

Failed multiple antidepressants



Thomas - 45 years old

Reluctant to start antidepressants



Holly - 30 years old

Family planning and wants to taper off antidepressants



Max

Age: 21

✓ In response

✓ In remission

Presenting symptoms:

Severe sexual side effects and worsening of mood symptoms on fluoxetine with increased anxiety and low mood.

History:

Severe OCD since adolescence and diagnosed with MDD 2 years ago.

Treatment plan:

Introduced Flow before reduction of fluoxetine. Used a modified treatment protocol with a prolonged activation phase; 5x for 6 weeks and then 4x and now on 3x a week.

Status:

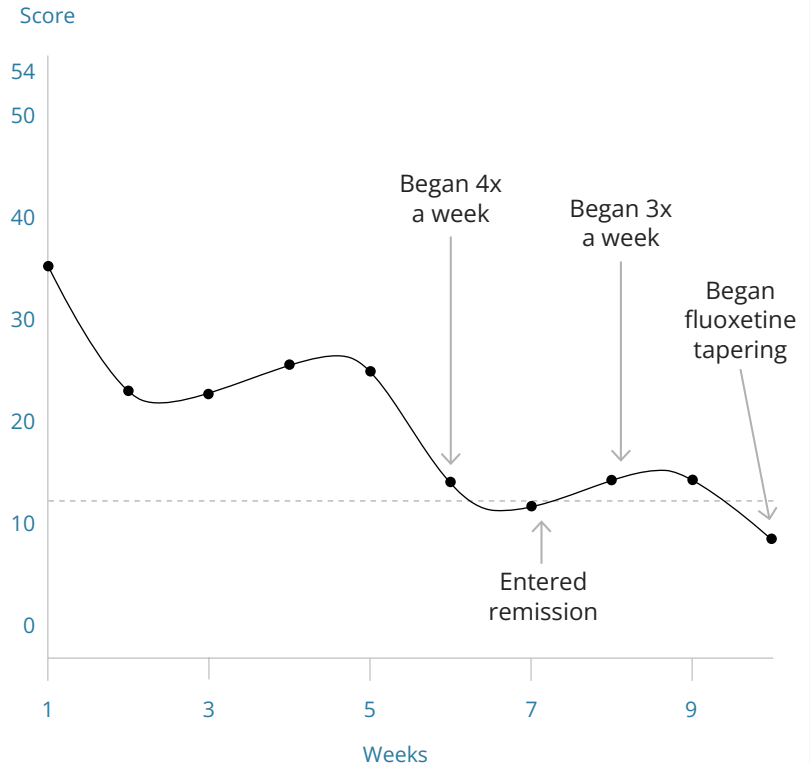
Marked improvement and in remission at 10 weeks. Began tapering off fluoxetine.

MADRS-s

Start score: 35

Last score: 8

↓ -77.1%





Susan

Age: 65

✓ In response

✓ In remission

Presenting symptoms:

Increased irritability, poor sleep, increased feelings of unease, lack of motivation.

History:

Chronic depressive disorder (first diagnosed 20 years ago). Has tried talk therapy and is on her 3rd antidepressant (currently 100mg sertraline, previously citalopram and mirtazapine). She is struggling with adherence due to side effects and wants to stop medication.

Treatment plan:

Introduced Flow before tapering off sertraline. Used a modified treatment protocol; 5x and then 4x to maintain the habit of stimulation.

Status:

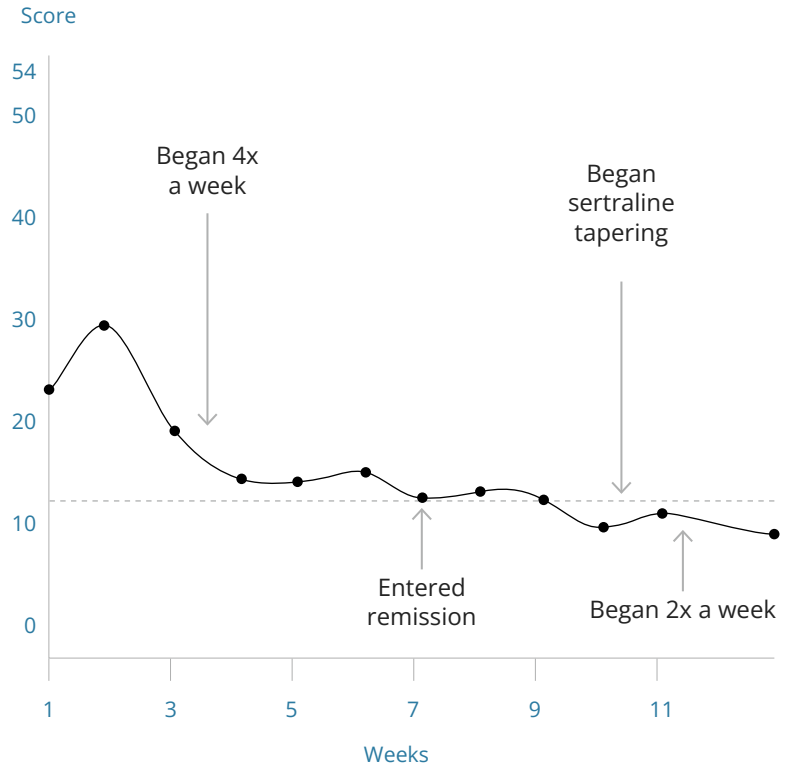
Marked improvement after 6 weeks and remission at 7 weeks. She now stimulates 3x a week for maintenance and is on 50mg sertraline and continues to taper off.

MADRS-s

Start score: 24

Last score: 9

↓ -62.5%





Thomas

Age: 45

- ✓ In response
- ✓ In remission

Presenting symptoms:

Increase in ruminating thoughts, low mood, poor sleep and limited ability to concentrate or initiate positive habits. Works as a C-suite executive in a high-stress environment. Alcohol intake increased to 35-40 units per week.

History:

Antidepressant naive. Chronic depressive symptoms, refuses to take antidepressant medication.

Treatment plan:

Introduced Flow as an alternative to antidepressants. Used protocol of 5x then 3x per week.

Status:

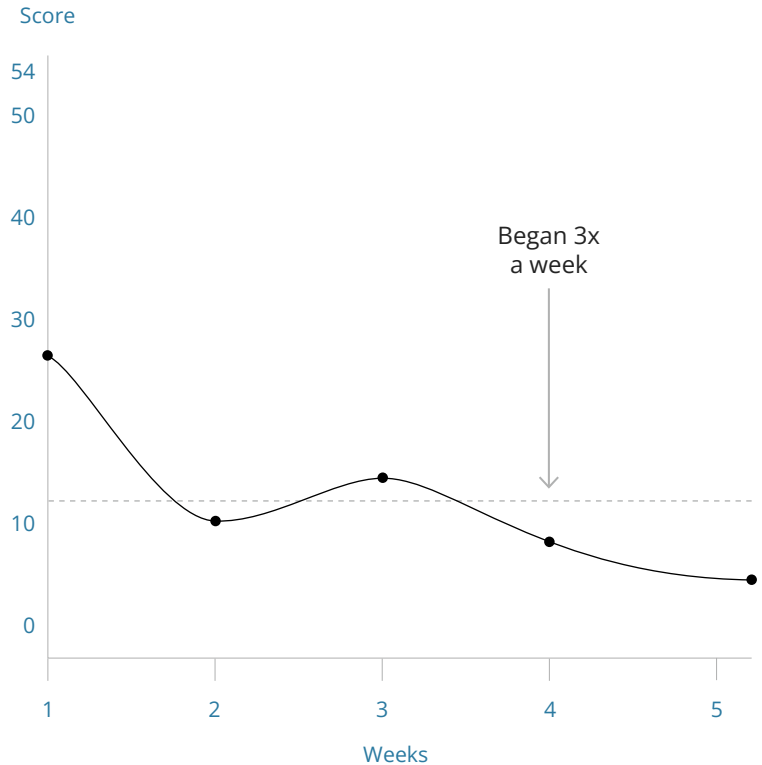
Reported significantly improved symptoms after week 1 of Flow. Reached and sustained remission post-4 weeks. Alcohol intake steadily reducing and is currently 25-30 units per week.

MADRS-s

Start score: 25

Last score: 9

↓ -64%





Holly

Age: 30

- ✓ In response
- ✓ In remission

Presenting symptoms:

Mild depressive symptoms including low mood and difficulty concentrating.

History:

Chronic depressive symptoms and ongoing use of fluoxetine. Wants to taper off fluoxetine for possible future pregnancy.

Treatment plan:

Introduced Flow as an adjunct treatment. Used protocol of 5x then 3x per week.

Status:

Reported significantly improved symptoms after 2 weeks of Flow. Reached and sustained remission post-8 weeks. Had tapered off fluoxetine at 3 months.

MADRS-s

Start score: 20

Last score: 9

↓ -55%

Score

